

THE TIMES AND THE PLACES OF THE PARK: discovering Parco Nord Milano by meeting local employees and associations



GUIDELINES



THEME OF THE WEEK

The transversal theme proposed for the green week of summer 2024 is designed in collaboration with Parco Nord Milano involving an employee or one of the associations that collaborate with the Parks: children will come into contact with those who live in the different places of the Park through their own activities and different ways, discovering the many variations that has the "care work".

They will discover how the Park is so many places in one place: the wooded, the lakes, the velodrome, the vegetable gardens, the Orto Comune Niguarda, the Bunker Breda and the Cascina!

The activities are aimed at children aged 6 to 11 years.

The activities are carried out outdoors, in the different spaces of the Park and inside a protected space reserved for children: the Green Classroom, located at the back of the school center and overlooking a large garden facing one of the woods of the Park.

Structure of the week

Monday morning: knowledge games in the Green Classroom. During this time structured games are organized with the aim of introducing children to their adventure companions and the educators who accompany them.

Monday afternoon: structured games/activities (orientation games, explorations games, treasure hunts...etc). During this time children can start to get to know the places of the North Park more closely.

Tuesday morning: "Who do we meet?". During this time, the children meet an employee of the Park or one of the people who are part of the Association of the Authority and discover the theme of the week. They are involved in specific activities related to the work done by the person they meet and accompany her throughout the morning in her daily tasks.

Tuesday afternoon: structured games/activities in the Park. During this time they test the knowledge acquired during the morning in games or structured group activities.

Wednesday: "The long exploration". During this day, children go to discover the "distant" places of the North Park: Starting in the morning we walk and choose a place to reach: the lakes of Bresso, Lake Niguarda, the Common Garden or even Lake Brusuglio! We will have a picnic and discover the curiosities of the places we will explore.

Thursday morning: "The short exploration". During this time the children explore the nearest places known during the day of Monday afternoon, collecting material and/ or information necessary for the realization of the reworking of the afternoon.

Thursday afternoon: structured workshops in Aula Verde. During this moment, guided and helped by the educators, what they experienced during the week is creatively reworked (e.g. object construction, expressive activities or dramatizations).

Friday: water games in the Green Classroom without the use of water balloons or water guns but using material that creates a minimal impact on the environment.

After lunch, the group can organize itself in **unstructured moments**, where the educators are present but do not propose defined activities. In the protected space of the lawn of the Aula Verde you can build huts with friends, organize imaginative exhibitions, read, invent games...

Transversal to the themes is taking care of us, of the natural environment and, last but not least, of the spaces, reorganizing them together, setting them up, participating in the preparation of the tables for lunch under the poplar, and their reordering.

Particular attention is paid to **the involvement of children** in the design of activities on the basis of the ideas that emerged from observation, explorations, words or stories heard. In a structured context, non-



programming is also an educational tool that promotes free expression, responsibility, creativity and imagination.

All activities are organized in line with the **principles of sustainability and reduction of waste**, using materials in a conscious way and finding solutions for recovery and reuse; using disposable dishes for lunch (brought from home by each); lunch is delivered in multiple packs and portioned by educators, empowering children to taste everything but taking only the amount they will eat.

CALENDAR AND COST

The outdoor camp will be organized from 17 to 21 June and it costs 50 €.

The fee includes all meals and insurance.

REGISTRATION AND METHOD OF PAYMENT

To register:

1. Contact Koinè Cooperativa Sociale ONLUS at prenotazioni@koinecoopsociale.it for information and clarification.
2. Proceed to registration and payment to the booking platform koinewelfare.it
3. In the case of any withdrawal 10 days before the beginning of the week, the fee will be refunded by retaining a deposit of € 50.00 per week, to cover secretarial costs.
The full amount is returned only in case of replacement with children on the waiting list or "proposed" directly by the parent who cancels.
Once the activity has started, failure to participate in one or more days does not entitle you to any refund.
4. The invoice will then be sent to the name indicated in the booking form.
5. Download and fill in the form indicated in the email confirmation of registration; upload the documentation in the appropriate section of the reserved area of the booking platform.

MEALS

Meals are delivered from the canteen sealed and in thermal containers.

Meals ARE INCLUDED in the weekly fee.

The meal includes first course, second course, side dish, fruit.

Wednesday and Thursday meals will be packed sandwiches and will be provided directly from the canteen. This will allow us to do longer explorations.

The morning snack is not included and therefore is provided by the families.

The afternoon snack is included (no on Wednesday) and children will be given the opportunity to choose between fruit and bread.



MORE INFORMATION

The **morning appointment** will be **at the conference place at 8.30 am.**

At 8.45 the children, together with the educator, will walk to the tram stop number 31 (10 minutes walk) and will use tram 31 to reach the Parco Nord Milano.

ATTENTION! The tram is free, but children must have a copy of their ID in case of checks.

The **evening appointment** will be **at the conference place at 5.30 am.**

We remind everyone to notify of any delays via whatsapp at +393423864927 by 8.30 otherwise children are considered absent.

For **the collection of children by people other than parents**, the proxy form must be completed, accompanied by a photocopy of the identity card and delivered **by the same morning to the educator.**

Any withdrawal outside the departure time must be carried out independently by families at Aula Verde of Parco Nord Milano.

EQUIPMENT

All activities will be organized in accordance with the principles of sustainability and reduction of waste and waste:

- stationery materials will be used consciously and solutions will be found for recovery and reuse
- dishes for lunch will be disposable and will be brought from home by each
- the food will not be wasted, everyone will taste everything but will be responsible to take only the amount they will eat

IN PARTICULAR, the catering company was asked not to bring disposable tableware.

Parents are therefore asked to give children for lunch:

- one pot or one or more containers with a lid instead of a plate,
- a napkin,
- a placemat,
- a glass,
- the cutlery,

which they will then rinse in the Green Room and bring home every day.

Children should wear **comfortable clothes, comfortable and sturdy shoes.**



We wait for them with:

- a small backpack, with comfortable straps, that children will take home every day;
- a snack for the morning (two snacks on Wednesdays);
- a flask with the name and surname of the child;
- a hat with the name and surname of the child;
- a sunscreen and mosquito repellent;
- a k-way with the child's full name;
- a towel and two complete changes including underwear: one will be left in the Green Room, the other will always be with the child inside the backpack. Both changes should be put in separate bags with the name and surname of the child;
- a small notebook that will become our notebook of the week.

If it rains or the weather threatens to rain, we recommend that you bring boots or shoes for the rain in the morning.

We ask that children do not bring their own toys, playing cards or other items that can be spoiled during activities: in some cases they can be kept by educators and given to children during free play. **Koinè Cooperativa Sociale Onlus declines all responsibility for damages and loss of personal items of the participants.**

CONTACT

For further information please write to: prenotazioni@koinecoopsociale.it

DURING THE ACTIVITIES: For cases of necessity during all the hours of activity with the children +393423864927